

Pakistan Studies

Course Code	Credit Hours
HU-107	2-0

Course Description

This course is designed to provide students with a comprehensive exploration of Pakistan's identity, spanning geographical, historical, and cultural dimensions. It delves into the diverse landscapes, ancient civilizations, and rich cultural heritage that define Pakistan. Moreover, it examines the socio-cultural and political transformations in Pakistan over time including democratic transitions and military interventions. The aim of this course is to inculcate in students a nuanced understanding of Pakistan's past, present, and potential future trajectories, enabling them to critically evaluate the complex dynamics shaping the nation's development.

Text Book:

- 1 "The Sole Spokesman: Jinnah, the Muslim League, and the Demand for Pakistan"– Ayesha Jalal.
- 2 "Pakistan Studies: A Book of Readings" – Sikandar Hayat.
- 3 "Constitutional and Political History of Pakistan" – Hamid Khan.
- 4 "Pakistan: A Modern History" – Ian Talbot.
- 5 "Physical Geography of Pakistan" – Umar Jahangir.
- 6 "A Geography of Pakistan: Environment, People, and Economy" – Fazle Karim Khan.
- 7 "Pakistan's Foreign Policy: An Historical Analysis" – S. M. Burke.
- 8 "Separatism in East Pakistan" – Rizwan Ullah Kokab
- 9 "Being Pakistani: Society, Culture and the Arts" – Raza Rumi.
- 10 "Pakistan's Cultural Heritage: Socio-Economic and Technological Aspects" edited – Abdul Jabbar Khan.
- 11 "Language and Politics in Pakistan" – Tariq Rahman.
- 12 "Sociology" – Horton and Hunt.
- 13 "Pakistan in the Twentieth Century: A Political History" – Lawrence Ziring.
- 14 "Economic Development of Pakistan" – Ishrat Husain. WP No.10-71st ACM-23 Jun 2025.
- 15 Kazimi, M. R (2012). A Concise History of Pakistan. Karachi: Oxford University Press.
- 16 Ch Muhammad Ali, The Emergence of Pakistan, University of the Punjab, Lahore, 1979.
- 17 Cheema, P. I. (1998). Pakistan's Defence Policy, 1947-58. Lahore: Sang-e-Meel Publications.
- 18 Kazimi, M. R. (2007). Pakistan Studies. Karachi: Oxford University Press.
- 19 Qureshi, I. H. (2006). The Struggle for Pakistan (2nd ed.). Karachi: BCC& T Press University of Karachi.

- 20 Rizvi, H. A. (2004, April). Pakistan's Foreign Policy: An Overview 1947-2004. Pakistan Institute of Legislative Development & Transparency (PILDAT).
- 21 Sayeed, K. B. (2015). Politics in Pakistan: Nature and Direction of Change. Lahore: Peace Publication.
- 22 Ahmed Saeed Kh Mansoor Sarwar (2000). Trek to Pakistan. Lahore: Al-Fouzi Publishers.
- 23 Zaidi, S. Akbar, (1999), "Issues in Pakistan Economy", Oxford University Press.
- 24 Wolpert, Stanley A. Jinnah of Pakistan. New York: Oxford University Press, 1984.
- 25 Ahmed, Akbar. Jinnah, Pakistan and Islamic identity: the Search for Saladin, Routledge, 2005.
- 26 Qureshi, Ishtiaq Husain. The Struggle for Pakistan. University of Karachi, 1969.
- 27 Rasheed, Haroon-ur. Pakistan, The Successful Culmination. Publishers Emporium, 1996.
- 28 Bakhsh, Ilahi. With the Quaid-i Azam During His Last Days. Vol. 1. Quaid-i Azam Academy, 1978.
- 29 Bin Sayeed, Khalid. Pakistan, The Formative Phase. Civil & Military Press, 1969.
- 30 Shahzad, Muhammad. Jinnah: A Political Saint. Nazaria-I-Pakistan Trust, 2009.
- 31 Speeches, Writings, and Statements of Iqbal, compiled and edited by Latif Ahmed Sherwani (Lahore: Iqbal Academy, 1977 [1944], 2nd ed., revised and enlarged), pp.3-26.
- 32 Sohrab, Waqas, and Ishtiaq Ahmad Choudhry. "Pak-US Relations in 21 St Century: Challenges and Opportunities for Pakistan." Berkeley Journal of Social Sciences 2, no. 3 (2012): 1-16.
- 33 Easton, David. The Political System: An Inquiry into the State of Political Science. University of Chicago Press, 1981.
- 34 Goodin, Robert E., and Hans-Dieter Klingemann. A New Handbook of Political Science. Oxford University Press, 1998.
- 35 Sattar, Abdul. "Pakistan's Foreign Policy: 1947 – 2019; A Concise History.": Oxford University Press, 2020. 5th edition.
- 36 Selected newspaper articles, editorials and journalistic publications regarding Pakistan's politics and current affairs.

Reference Book:

Prerequisites

Nil

ASSESSMENT SYSTEM FOR THEORY

	Without Project (%)	With Project/Complex Engineering Problems (%)
Quizzes	10	10-15
Participatory discussion sessions and class activities	05	-
Assignments	10	5-10

Mid Terms	25	25
Project	-	5-10
End Semester Exam	50	45-50

ASSESSMENT SYSTEM FOR LAB

Lab Work/ Psychomotor Assessment/ Lab Reports	70%
Lab Project/ Open Ended Lab Report/ Assignment/ Quiz	10%
Final Assessment/ Viva	20%

Teaching Plan

Week	Topic	Reading Assignment/ Home Work	CLO No.	Assessment Methodology
1	Introduction to Pakistan Ancient civilizations in the region: Indus Valley and Ghandhara civilizations and their impact on modern-day Pakistan	Ref ii & ix	1	
2	Geography and Geo Strategic Significance of Pakistan Pakistan's Geographical Characteristics; its Geo-Strategic, Economic and Political Significance Pakistan as a Significant Regional Player	Ref v, vi, vii	1	
3-4	Post-Partition Administrative Problems Radcliffe Award and Border Demarcation Communal Violence and Refugee Crisis Poor Infrastructural and Administrative Setup Evacuee Property and Resettlement Issues Division of Financial and Military Assets Canal Water Disputes and The Kashmir Dispute	Ref xvii: Chap 1-2, Documentary	1, 2	
5-6	Political History of Pakistan	Ref: iii, xviii, xix, xxi	1	

	Foundations of State and Parliamentary Struggles Military Interventions Islamization and Controlled Democracy Electoral Democracy and Civil-Military Relations			Group/individual presentations with write-up submissions, Participatory discussion sessions, Graded class activities Assignments, Quizzes, presentation/discussions, MSE, ESE
7-8	Society and Culture of Pakistan Demographic Composition of Pakistan and Human Resource Religious and Sectarian Composition Ethnic and Linguistic Diversity and related Challenges Rural and Urban Cultural Patterns Cultural Strengths and Weaknesses Impact of Globalization on Pakistani Society and Culture	Ref: ix, x, xii	1	
9	Mid Term Exam			
10-11	Pakistan's Economic Outlook Overview of Pakistan's Economy: Structure, Resources, Potential, and Key Challenges Understanding Blue and Political Economy and its significance for Pakistan Emerging Role of Digital Platforms in Economic Development	Optional Ref: <i>xiv, xxiii, xxxvi</i>	2	
12-13	Foreign Policy and Foreign Relations of Pakistan Concept and Theoretical Foundations of Foreign Policy Determinants of Foreign Policy: Fixed and Variable Factors Core Principles Guiding Pakistan's Foreign Policy Pakistan's Foreign Policy towards the Muslim World, Neighboring Countries, and Major/Global Powers	MOFA web Ref: <i>xxxv, xxxvi</i>	2	
14-15	Pakistan's Contemporary Issues and Challenges Understanding of Sustainable Development Goals (SDGs) and Pakistan's compliance with SDGs Challenges to National Cohesion in	Ref: <i>xxxvi</i> & UNDP report & website https://www.undp.org/sustainable-development-goals	2	

	Pakistan Moral and Ethical Dilemmas in the Digital Age: Challenges and Countermeasures Climate Change: Challenges and Implications for Pakistan Pakistan's Educational System: Key Challenges Promoting Gender Equity and Balance in Pakistan			
16-17	Tribute to National Heroes of Pakistan: Quaid-i-Azam Muhammad Ali Jinnah: Founder and First Governor-General of Pakistan The Life and Struggles of Dr. Abdul Qadeer Khan Potential and Achievements of Pakistani Youth	Ref: xxxvi The Charismatic Leader: Quaid-i-Azam Jinnah and the Achievement of Pakistan– Sikandar Hayat Proceedings of the Indian History Congress, Vol. 61, Part One: Millennium (2000-2001) https://www.jstor.org/stable/44148153 A Tribute to Dr A.Q. Khan– Riaz Mohammad Khan, Dawn, October 11, 2021 https://www.dawn.com/news/1651293	2	
18	End Semester Exam			

Practical: Nil